

PARTICIPANT'S GUIDE



DÉFI VÉLO « PÉDALEZ POUR DEMAIN »

Saturday June 12th 2021

Schedule of the day:

1. Registration: Please arrive 30 minutes before the scheduled departure time, depending on the route chosen.

2. Route: You are free to choose your own route **A**, **B** or **C**. Each of the routes are briefly described below. Routes are also available via the « *RIDE WITH GPS* » application. You can download it on your mobile device and search for « Fondation Demain » then select your route from the following three (3) choices:

ROUTE A

DISTANCE: +/- 96 KM OR 4.0-5.0 HOURS*

DEPARTURE: 9 :15 AM

Departure from 350 Chemin des Patriotes Nord, Mont-Saint-Hilaire until Richelieu Nord, then head towards Rougemont where a lunch will be served at the Cidrerie Jodoin.

You will then head towards Saint-Hyacinthe via the countryside rows, to return by Ste-Madeleine, St-Damase, St-Jean-Baptiste and Chemin de la Montagne.

We invite you to consult the attached detailed map for more details.

**Approximate time and excluding stops.*

ROUTE B

DISTANCE: +/- 68 KM OR 3.0-4.0 HOURS*

DEPARTURE: 10:00 AM

Departure from 350 Chemin des Patriotes Nord, Mont-Saint-Hilaire until Saint-Mathias-sur-Richelieu, then towards Rougemont where a lunch will be served at the Cidrerie Jodoin.

Return via St-Jean-Baptiste and Chemin de la Montagne.

We invite you to consult the attached detailed map for more details.

**Approximate time and excluding stops.*

TRAJET C

DISTANCE: +/- 42 KM OR 2.0-2.5 HOURS*

DEPARTURE: 10:45 AM

Departure from 350 Chemin des Patriotes Nord, Mont-Saint-Hilaire until Saint Mathias-Sur-Richelieu where a lunch will be served at the Vieux Fort de Chambly.

Return via the rang d'Ozias-Leduc.

(no slope to climb)

We invite you to consult the attached detailed map for more details.

**Approximate time and excluding stops.*

PLEASE CONFIRM IN ADVANCE YOUR CHOICE OF ROUTE ON THE PARTICIPATION FORM SO THAT WE CAN ENSURE WE HAVE SUFFICIENT MEALS AT THE TWO (2) LOCATIONS (CIDRERIE JODOIN OU VIEUX FORT DE CHAMBLY).

3. Lunch and refreshment stops: Stops are planned at approximately every 1.5 hours, in order to allow you to replenish your bottles.

A lunch box will be served to you between 11:30AM and 1:00PM depending on the route you have chosen.

4. Parking: More details will follow.

Please note that no parking will be available at 350, Chemin des Patriotes Nord, Mont-Saint-Hilaire. However, you can park in the surrounding streets, if you prefer.

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